

Aerial yoga teacher training in Goa India – Adiyogam

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Address: 524/B, Bhatawadi, Corgao, Goa 403512, Arambol

Price: 5,000.00?

Aerial yoga teacher training in Goa India – Adiyogam:

Are you ready to take your yoga practice to new heights? Join us at Adiyogam Goa for an immersive 50-hour Aerial Yoga Teacher Training that will not only elevate your yoga skills but also enable you to share this unique practice with others. Our 50-hour Aerial Yoga Teacher Training is designed for yoga enthusiasts of all levels, from beginners to experienced practitioners. Led by a team of experienced and certified yoga instructors, this program combines traditional yoga principles with the art of aerial yoga.

Dates Of Aerial Yoga TTC in Goa India

June: 24-30 Aug: 24-30 Sep: 24-30 Oct: 24 -30 Nov: 24-30 Dec: 24-30

Aerial Flow Teacher Training Program Highlights

Foundations of Aerial Yoga

Aerial hammock Safety and Rigging

Aerial Flow and Transitions

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