

## Foot Massage in Udaipur

Contact: Blue Heaven

Email: [blueheavenspa70@gmail.com](mailto:blueheavenspa70@gmail.com)

[https://www.freelocalclassifiedads.in/udaipur/miscellaneous/health-beauty/foot-massage-in-udaipur\\_i3986449](https://www.freelocalclassifiedads.in/udaipur/miscellaneous/health-beauty/foot-massage-in-udaipur_i3986449)



Address: **Hotel Royal Dezire 4th Floor Near R M V College Circle Inside Surajpole Udaipur**

Price: **1,000.00 ?**

Foot Massage in Udaipur: Foot Massage in Udaipur

<http://www.blueheavenspaudaipur.in/back-massage-foot-massage-in-udaipur/>

The feet are precious components of your body; carrying you for endless miles daily and helping you in maintaining the right body posture. Your skin, including the one on the feet, is saturated with nerve endings with up to 200,000 stimuli in the sole of each foot. Each point massaged on the foot is connected to an organ, system or body part. When we apply pressure to the feet, it sends a message to the central nervous system and promotes relaxation, boosts energy levels and enhances the circulatory, muscular, immune and respiratory systems throughout the body. Foot massages are performed using the hands, although treatments may sometimes include the use of sticks or rollers to more effectively stimulate the reflex areas in the foot. Foot Massage and Reflexology can be used as pain relief, to help alleviate stress, even to speed up injury recovery, control blood pressure, improves nerve sensitivity.

Address-1

3rd Floor, Sentrum Building, Near Manglam Art, Sukhadia Circle, New Fatehpura, Panchwati,

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